

Follow-up Survey *[For all clients on Survey Monkey, and for some clients in face-to-face interviews, a selection of new clients, long-term clients, men and women to varying degrees affected by PD symptoms, some living alone with little support and some with a good deal of support. A free class (the equivalent of \$10) will be made available to those who submit a survey/interview.]*

First page on Survey Monkey

Dancing with Parkinson's (DWP) is working with The Evaluation Centre for Complex Health Interventions (TECCHI) in Toronto to help evaluate the DWP program for improvement and to generate knowledge about dancing as a therapy for PD. This effort is being supported and funded by the Ontario Brain Institute's Evaluation Support Program.

TECCHI is administering this survey. We anticipate close to 100 participants of the current Dancing with Parkinson's classes responding to this survey. Only the evaluation team will have access to your responses, the raw data. The evaluation team will provide results of the analysis to the DWP staff and will share the results with you, the participants of the DWP classes.

Please note that your participation in this survey is voluntary. You are not required to participate in this survey in order to attend DWP classes. You do not have to answer any question if you feel uncomfortable answering, and you may discontinue at any time without penalty or negative repercussions. One risk in participating in this survey is that in answering some of the questions, it is possible that you may experience emotional or psychological distress. If this is the case, we can put you in touch with appropriate support services. Additionally if you have any concerns about this survey or the evaluation study, you may contact the DWP director, the Evaluation team, or the Community Research Ethics Office (see contact details below).

The information you provide will be kept confidential and your identity will be made anonymous when the results of the evaluation are shared in presentations and publications. We may use direct quotes when sharing the results but will remove any identifying information so that the quote cannot be linked to you.

This project employs Internet-based data collection techniques. Although every effort will be made to ensure the privacy of your responses, the confidentiality and privacy of data cannot be completely guaranteed during web-based transmissions or while stored on Survey Monkey, the host server. The researchers acknowledge that the host of the online survey may automatically collect survey participant data without their knowledge (i.e., IP addresses). Although this information may be provided or made accessible, the researchers will neither seek nor use or save this information. Data collected by Survey Monkey is stored in the USA and may be subject to the USA Patriot Act.

As prescribed by confidentiality, privacy, and research ethics recommendations and regulations, copies of the confidential data from this survey will be held by the evaluation team for at least 5 years and secured in locked file cabinets and on password protected encrypted computer drives.

By completing this survey you are indicating that you have read and understood the Information and Consent noted above, and are agreeing to your voluntary participation in this research.

Thank you!

Contact information:

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This research project has been reviewed and approved by the Community Research Ethics Board. If you feel you have not been treated according to the descriptions in the information you received, or your rights as a participant in research have been violated during the course of this project, you may contact the Chair, Community Research Ethics Board, Community Research Ethics Office, 519 745-1726.

[End of first page on Survey Monkey]

1. What year did you start dancing with DWP?
2. Which class do you attend? [We will list the locations, days/times so respondent can select].
3. Has anything changed in your life as a result of engaging with DWP?
4. Have you been able to get out more to do other activities including social activities since attending DWP?
5. Are the classes meeting your needs? If yes, in what specific ways?
6. Has your relationship with your caregiver or spouse changed in any way since attending DWP?
7. Do you feel more independent since engaging with DWP?
8. Do you find that your balance has improved at all?
9. Do you feel like you're less likely to fall as a result of coming to these classes?
10. Have you made new friends through the classes?
11. As a result of coming to these classes do you find expressing yourself is easier or more free?
12. Has your quality of life improved as a result of coming to these classes?
13. Has your doctor mentioned any changes since you started attending?
14. Has anyone you know mentioned any changes they have noticed in your overall mood or physicality?
15. Are you more productive since attending DWP?
16. Do you notice that your Parkinson's symptoms are minimized during or after the class? If so, how long do the effects last?
17. How do you feel right after the class, physically and emotionally? How long do the effects last?
18. Have your coping skills changed as a result of engaging with DWP?
19. Are there other things happening in your life that could explain any of the changes that you may have mentioned?